



Post Title: Pool Assistant	Location Base: BH Live Sites – Southampton	Reporting To: Swim Co-ordinator
About BH Live		
Champions of community engagement, health and wellness across Dorset, Hampshire, and London. BH Live, a registered charity and social enterprise, is a leading operator of sports and leisure centres, theatres, and event venues. Driven by a mission to improve communities, BH Live is dedicated to providing inclusive cultural experiences and promoting physical activity for all. bhlive.org.uk		
Summary of role		
You will support the delivery of high-quality swimming lessons under the supervision of a qualified Level 2 Swimming Teacher. The role involves assisting with the planning and implementation of swimming activities, ensuring the safety and engagement of all participants, and encouraging the development of swimming skills in children and adults. BH Live is committed to safeguarding and promoting the welfare of children and vulnerable adults. Rigorous checks will be made of the successful applicant's background credentials, including referencing and an enhanced DBS checks.		
Key Responsibilities		
• Assist the Level 2 Swimming Teacher in delivering structured and enjoyable swimming lessons. • Provide in-water support to help participants with technique and confidence. • Prepare equipment and ensure the teaching area is safe and ready for use. • Support learners individually or in small groups during sessions. • Promote a positive and inclusive environment for all swimmers. • Observe and report learner progress and behaviour to the Swimming Teacher. • To assist with the emergency evacuation of the pool, as directed by the Swimming Teacher, for example in the event of a fire alarm activation. • Ensure adherence to all health and safety, and safeguarding procedures. • Attend training and team meetings as required. • Provide a safe, informative, fun and productive lesson.		

- Be fully aware of the Centre's Normal Operating Procedures and Emergency Action Procedures.
- Uphold the expected standards, behaviours, and values of BH Live.

Skills and Experience

Details	Criteria
Confident in the water and able to support swimmers of varying abilities	Essential
Basic knowledge of swimming pool safety and hygiene	Essential
Positive, patient and enthusiastic attitude	Essential
Good communication and interpersonal skills	Essential
Ability to work as part of a team	Essential
Available to work flexible hours, including weekends, evening and bank holidays	Essential
Knowledge of water safety and emergency procedures	Desirable
A passion for swimming	Essential
Experience of working with children	Essential
Ambition to support your continuous professional development.	Essential

Qualifications

Details	Criteria
CPR/First Aid certification/ Lifeguard qualification (such as RLSS NPLQ)	Desirable
Other complimentary qualifications (e.g. Adult and Child, Disability, Diving)	Desirable

Roles and responsibilities will evolve and change over time.

Owner: HR

Date updated/date effective from: September 2025