



Post Title:	Location Base:	Reporting To:
Diving Coach – Level 2	BH Live Active, The Quays Southampton	General Manger

About BH Live

Champions of community engagement, health and wellness across Dorset, Hampshire, and London.

BH Live, a registered charity and social enterprise, is a leading operator of sports and leisure centres, theatres, and event venues. Driven by a mission to improve communities BH Live is dedicated to providing inclusive cultural experiences and promoting physical activity for all.

bhlive.org.uk

Summary of role

Deliver safe, engaging and development appropriate diving sessions for athletes at beginner and intermediate levels, in line with national governing body standards such as Swim England.

Key Responsibilities

BH Live is committed to safeguarding and promoting the welfare of children and vulnerable adults. Rigorous checks will be made of the successful applicant's background credentials, including referencing and an enhanced DBS checks.

- Conduct and create diving training sessions and programs.
- Coach and support divers.
- Ensure the safety and wellbeing of divers at all times.
- Oversee the progress and development of divers.
- Help set up and take down diving equipment safely.
- Ensure a safe learning environment at all times.
- Maintain high safety standards.
- Maintain vigilance and adhere to pool safety procedures and risk assessments.
- Promote a positive and inclusive learning environment.
- Work closely with Lifeguards and Duty Managers to ensure safe poolside operations.
- Report incidents, accidents, or hazards promptly and complete relevant documentation.

- Carry out and log weekly checks on all dry side equipment and springboards on poolside.
- Monitor and record attendance and progress.
- Support beginner divers with the basics of diving, including posture, take-off, entries, and water safety.
- Plan, lead, and evaluate training sessions for beginner to intermediate divers.
- Design session plans that align with athlete development models and needs.
- Organise competitions.
- Provide technical instruction on dives from 1m and 10m springboards and platform as appropriate.
- Identify talent and support athlete progression pathways.
- Mentor Level 1 coaches and provide constructive feedback.
- Communicate effectively with athletes, parents, and club officials.
- Use iPads to take registers, monitoring assessments with regular movement from stage to stage through the Portal
- Encourage parents to use the parent portal

Skills and Experience

Details	Criteria
Strong knowledge of diving techniques and safety protocols	Essential
Ability to design and implement training programs	Essential
Excellent communication and interpersonal skills	Essential
Passionate about promoting physical activity and well being	Essential
Experience working with athletes at various skill levels	Essential
Satisfactory enhanced DBS clearance	Desirable

Qualifications

Level 2 qualification for Level 2 Diving Coach – Essential

Roles and responsibilities will evolve and change over time.

Owner: HR

Date updated/date effective from: October 2025