



Post Title: Diving Coach – Level 1	Location Base: BH Live Active, The Quays Southampton	Reporting To: General Manger
About BH Live		
Champions of community engagement, health and wellness across Dorset, Hampshire, and London. BH Live, a registered charity and social enterprise, is a leading operator of sports and leisure centres, theatres, and event venues. Driven by a mission to improve communities BH Live is dedicated to providing inclusive cultural experiences and promoting physical activity for all. bhlive.org.uk		
Summary of role		
Deliver safe, engaging and development appropriate diving sessions for athletes at beginner level, in line with national governing body standards such as Swim England.		
Key Responsibilities		
BH Live is committed to safeguarding and promoting the welfare of children and vulnerable adults. Rigorous checks will be made of the successful applicant's background credentials, including referencing and an enhanced DBS checks. • Conduct and create diving training sessions and programs. • Coach and support divers. • Ensure the safety and wellbeing of divers at all times. • Oversee the progress and development of divers. • Help set up and take down diving equipment safely. • Ensure a safe learning environment at all times. • Maintain high safety standards. • Maintain vigilance and adhere to pool safety procedures and risk assessments. • Promote a positive and inclusive learning environment. • Work closely with Lifeguards and Duty Managers to ensure safe poolside operations. • Report incidents, accidents, or hazards promptly and complete relevant documentation.		

- Carry out and log weekly checks on all dry side equipment and springboards on poolside.
- Monitor and record attendance and progress.
- Assist Level 2 coaches in delivering structured diving sessions.
- Support beginner divers with the basics of diving, including posture, take-off, entries, and water safety.

Skills and Experience

Details	Criteria
Knowledge of diving techniques and safety protocols	Essential
Ability to design and implement training programs	Essential
Excellent communication and interpersonal skills	Essential
Passionate about promoting physical activity and well being	Essential
Experience working with athletes at various skill levels	Essential
Satisfactory enhanced DBS clearance	Desirable

Qualifications

Level 1 Qualification for Level 1 Driving Coach – Essential

Roles and responsibilities will evolve and change over time.

Owner: HR

Date updated/date effective from: 7.10.2025